

Breakfast		Breakfast		Pareve menu		2pm - 4pm	
Lunch		Daily Breakfast Options:		Dinner		4:30-6:30	
Scrambled & Hard Boiled Eggs			A La Carte			Saturday Continental Breakfast	
Served with choice of toast English muffin, bagel or daily pastry and hash browns			Hot and Cold Cereals			Hours - 8am-9:30pm	
Pancakes, French Toast, Waffles			Fresh Seasonal Fruit, Canned Fruit, Whole Fruit and Yogurt			Meal Delivery/Pick-up - 7am-8am	
Sunday	Monday	Tuesday	Lunch	Thursday	Friday	Sat	
5/5/2024 (M)	5/6/2024 (D)	5/7/2024 (M)	5/8/2024 (D)	5/9/2024 (M)	5/10/2024 (D)	5/11/2024 (D)	
Vegetable & Wild Rice (p)	Kale & Bean Soup (p)	Vegetable Barley (p)	Minestrone Soup	Tortilla Soup	French Onion (p)	Potato & Leek Soup	
Lox Eggs Benedict W/ Dijon Hollandaise	Beyond Meat Tostada Bowl	Turkey Salisbury Steak W Cranberry Gravy	Salmon Cake W/ Dill-Lemon Aioli	Braised Lamb Tagine W/ Shallots & Dates	Breaded Zucchini Napoleon Casserole	Seared White Fish W/Lemon-Parsley Sauce	
	OR	OR	OR	OR	OR	OR	
Blueberry Blintz	Vegetable Chili Bowl w/ Corn Bread	Moroccan Lamb Meatball W/ Toppings and Basmati Rice	Potato Latkes W/ Sourcream Fruit Salad	Turkey Stuffed Cabbage Roll Baked in Tomato Sauce	Baked Quinoa & Vegetable Crepes W/Jicama-Cucumber Salad	Spinach Bourekas	
Potato Latkes	Spanish Rice	Garlic Mashed Potato	Barley Pilaf	Basmati Rice	Garlic Bread	Glazed Carrots	
	Pinto Beans	Stewed Eggplant	Broccolini	Roasted Citrus Parsnips	Whole Wheat Pasta	Assorted Salads	
Pineapple Cake	Lemon Squares	Fruits of the Forest Pie(p)	Chocolate Pudding	Dark Chocolate Dipped Macarons(p)	Apple Pie	Coffee Cake	
		Wellness Low Sodium Choice		Wellness Low Sodium Choice			
Spinach Omelet W/Baked Yam	Poached Fish, Steamed Rice & Vegetables	Plain Baked Chicken Breast Steamed Rice & Vegetable	Poached Fish w/Steamed Brown Rice & Vegetables	Plain Omelet w/ Baked Yam	Quinoa Crepes & Jicama-Cucumber Salad	Baked Cod W/ Baked Potato & Vegetables	
Sunday	Monday	Tuesday	Dinner	Thursday	Friday	Sat	
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Split Pea Soup (p)	Curried Chickpea Soup	Roasted Pepper Bisque	Lentil Soup (p)	New Orleans Gumbo	Chicken Noodle	Spring Vegetable (p)	
Braised Chicken W/ Olives & Apricots	Masala Veal Fricasse	Breaded Tilapia Fish Sandwich	General Tso's Chicken	Cheese Blintz W/ Cherry Sauce	Sweet & Sour Beef Brisket	Beef Cholent	
OR	OR	OR	OR	OR	OR	OR	
Beef Stew Bordelaise	Schnitzel Chicken Sandwich W/ Sumac Slaw	Creole Mac & Cheese Bowl	Southwest Burger w/Grilled Onions, Jalapeno Mayonnaise & Fries	Open Face Mediterranean Tuna Steak Sandwich	Roast Chicken w/ Cranberry Glaze	Chopped Liver Plate W/ Pita Bread	
Brown Rice Pilaf	Steamed Rice	Sweet Potato Fries	Fried Rice	Fruit Garnish	Chive-Garlic Mashed Potato	Dinner Roll	
Vegetable Medley	Lemon Brussel Sprouts	Coleslaw	Green Beans	Pasta Salad	Ginger Spaghetti Squash		
Strawberry-Crème Cake(p)	Baklava(p)	Pear-Ginger Trifle	Chocolate Cake(p)	Fig Mascarpone Cake	Chocolate Babka(p)	Apricot Jelly Roll(p)	
		Wellness Low Sodium Choice		Wellness Low Sodium Choice			
Roasted Chicken w/Yam & Steamed Vegetables	Plain Egg Omelet W/ Baked Potato	Baked Tilapia w/Baked Yam & Steamed Vegetables	Plain Roast Chicken w/Yam & Steamed Vegetables	Mushroom Omelet w/ Baked Potato	Plain Roast Chicken w/Yam & Steamed Vegetables	Plain Grilled Chicken, Sweet Potato & Steamed Vegetables	