

# Heritage Pointe

LOVE LIFE AT EVERY POINTE

## WEEKLY CALENDAR

July 28, 2024 – August 3, 2024

AR=Arts & Crafts

PAV=Pavilion

FC=Fitness Center

DR=Dining Room

CR=Card Room

MR=Music Room

LIB=Library

MPR=Multipurpose Room

SYN=Synagogue

MPL=Marlene's Piano Lounge

SL=Sage Living

**SUNDAY**

**28**

9:00- Chair Exercise (Ch1995)  
 10:30- Morning Film (Ch1995) "THE MIKADO"  
 10:30- Wii Bowling (MR)  
 1:00- Afternoon Film (Ch1995) "MY BEST FRIENDS WEDDING"  
 2:00- Heritage Pointe THINKERS with Stan Malkin (MPL)  
 7:00- Evening Film (Ch1995) "LITTLE WOMEN"  
 7:00- **NEW!!!** "Revealing Jewish Readings of Pop Music": Prayin' and  
 Playing for Time (Ch1992)  
*A Community Scholar Program Presentation*

**MONDAY**

**29**

**HERITAGE POINTE  
OLYMPIC EVENT  
DAY 1**



10:00- Strength/Conditioning Class with Jazz (FC)  
 10:30- Expressive Painting Class with Maribeth (AR)  
 10:30- Morning Film (Ch1995) "ALL ABOUT EVE"  
 1:00- Afternoon Film (Ch1995) "DE-LOVELY"  
 2:00- **SPECIAL!!!** Heritage Pointe Olympic Parade/Noodle Javelin (PAV)  
 3:00- Group Walk with Jazz (Lobby)  
 6:30- Bingo!!! in the Evening (MR)  
 7:00- Evening Film (Ch1995) "MOLLY'S GAME"  
 7:00- **NEW!!!** Diego Velazquez in Seville (Ch1992)

**TUESDAY**

**30**

**HERITAGE POINTE  
OLYMPIC EVENT  
DAY 2**



10:00- Upper/Lower Body Conditioning with Jazz (FC)  
 10:30- Morning Biography Film (Ch1995)  
 "THE MYSTERIOUS HOWARD HUGHES"  
 10:45- Water Aerobics with Jazz (Pool)  
 1:00- Afternoon Film (Ch1995) "JUST THE WAY YOU ARE"  
 2:00- **SPECIAL!!!** Heritage Pointe Olympic Event "Stack the Cups" (PAV)  
 3:00- Resident Council Meeting (Syn/Ch1991)  
 3:00- **NEW!!!** Bingo!!! at Sage Living (**No money needed/limited seating (SL)**)  
 3:00- Patio Yoga with Jazz (Patio by the Fountain)  
 7:00- Evening Film (Ch1995) "ALL I WISH"  
 7:00- **NEW!!!** Louis B. Mayer's Legendary Impact on the Movie  
 Industry (Ch1992)

**WEDNESDAY**




**31**

**HERITAGE POINTE  
OLYMPIC EVENT  
DAY 3**



10:00/10:30- Balance at the Barre with Jazz (FC)  
 10:30- Morning Film (Ch1995) "AFRICAN QUEEN"  
 10:30- **WEEKLY OUTING!!!** BBQ at Dana Point (Lobby)  
**(Sign up on the Main Bulletin Board)**  
 1:00- Afternoon Film (Ch1995) "JUST GETTING STARTED"  
 1:30- Popcorn in the Lobby  
 2:00- **SPECIAL!!!** Heritage Pointe Olympic Event "Fill the Bucket" (PAV)  
 3:00- Group Walk with Jazz (Lobby)  
 3:00- Update with Erin (Syn/Ch1991)  
 6:30- Evening Entertainment with singer, APRIL WALSH (MR)  
 7:00- Evening Film (Ch1995) "FOXCATCHER"  
 7:00- **NEW!!!** USS Ronald Reagan: The Nuclear Megaship Ruling the  
 Pacific/Guardian of the Sea (Ch1992)

**OVER**

<p><b>THURSDAY</b></p> <p><b>1</b></p> <p><b>HERITAGE POINTE OLYMPIC EVENT DAY 4</b></p> 	<p><b>NO</b> Upper/Lower Body Conditioning Class with Jazz <b>TODAY!</b></p> <p>10:00- <b>SPECIAL!!!</b> Heritage Pointe Olympic Event “Relay Race” (PAV)</p> <p>10:30- Wii Bowling (MR)</p> <p>10:30- Morning Film (Ch1995) “THOROUGHLY MODERN MILLIE”</p> <p>1:00- Afternoon Film (Ch1995) “PRINCE OF PERSIA: The Sands of Time”</p> <p>1:00- Bingo!!! in the Afternoon (MR)</p> <p>2:00- <b>SPECIAL!!!</b> Heritage Pointe Olympic Event “Obstacle Course” (PAV)</p> <p>3:00- <b>NEW TIME THIS WEEK!!!</b> Trivia with Myra (MR)</p> <p>3:00- Water Aerobics with Jazz (Pool)</p> <p><b>NO</b> Performance with Tami <b>TODAY!</b></p> <p>6:30- <b>SPECIAL!!!</b> Evening Entertainment with the wonderful and talented LeVAN FAMILY (MPL)</p> <p>7:00- Evening Film (Ch1995) “CHURCHILL”</p> <p>7:00- <b>NEW!!!</b> Scotland – Highlands and Islands, Nature Documentary (Ch1992)</p>
<p><b>FRIDAY</b></p> <p><b>2</b></p>	<p>9:45- <b>MORNING OUTING!!!</b> Scenic Drive (Lobby) (<b>Sign up on the Main Bulletin Board</b>)</p> <p><b>NO</b> Strength/Conditioning with Jazz <b>TODAY!</b></p> <p>10:30- Morning Film (Ch1995) “LAURA”</p> <p>10:30- Bereavement Group (Lib)</p> <p>1:00- Afternoon Film (Ch1995) “EINSTEIN’S BIG IDEA”</p> <p>1:30- <b>NEW!!!</b> Frozen Treat Friday in the Pavilion</p> <p>1:30- Karaoke with Myra, Rina and Residents (MR)</p> <p><b>NO</b> Chair Yoga with Jazz <b>TODAY!</b></p> <p>2:30-4:30- Fitness Center <b>OPEN</b> (FC)</p> <p>2:30- <b>NEW!!!</b> The Common Misunderstandings Christians Make About Judaism, and the Jews Make About Christianity (Ch1992)</p> <div style="text-align: center;">  </div> <p>4:15- <i>Monthly Resident Birthday Shabbat Evening Service with Rabbi Sherman and Cantor Arie Shikler (Syn/Ch1991)</i></p>
<p><b>SATURDAY</b></p> <p><b>3</b></p>	<div style="text-align: center;">  </div> <p>10:00- <i>Shabbat Morning Service with Rabbi Sherman (Syn/Ch1991)</i></p> <p>12:00-2:00- Fitness Center <b>OPEN</b> (FC)</p> <p>1:00- Afternoon Film (Ch1995) “BEAUTY AND THE BEAST”</p> <p>1:30- How To Be A Mensch with Rabbi Sherman (MR)</p> <p>7:00- Evening Film (Ch1995) “THE PROPOSAL”</p> <p>7:00- <b>NEW!!!</b> David Vest Concert (Ch1992)</p>

**IMPORTANT:** The Paul Goldenberg Theater will be **OPEN** this week showing THE BOYS IN THE BOAT starring Callum Turner, Hadley Robinson, Joel Edgerton, Jack Mulhern, Courtney Henggeler and Luke Slattery. This will be shown on Sunday, July 28<sup>th</sup> and Tuesday, July 30<sup>th</sup>, both at 6:30pm. Please reserve your seats with the Front Desk. Thank you and enjoy!!

**NOTE:** New Hours for Roberta’s Beauty Salon: Tuesday is A **NEW** addition and is from 10:00am – 4:00pm and Wednesday, Thursday and Friday is also from 10:00am – 4:00pm. For all appointments, please call (949) 347-0457.

**REMINDER:** Sign up for the **Heritage Pointe Senior Olympics** with Jazz in the Fitness Center!

**REMINDER:** Spiritual Life information (including holidays, upcoming programs, service and candle lighting times) is located at the entrance of the Synagogue.

**REMINDER:** **Chair Exercise Monday through Friday at 8:45am on Ch1995.**