Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 3:30 Behind the Headlines/Current Events with David Malmon (MR) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Nail Polishing (AR)) 1:00 Afternoon Film (Ch1995) 3:00 Group Walk with Jazz (Lobby) 3:00 Updates with Erin (Syn/Ch1991) 6:30 Bingo in the Evening (MR) 7:00 Evening Film (Ch1995)	with Jazz (FC) 10:30 "Dot Art" with Cheryl (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:30 Performance with students from OCSA (MR) 3:00 Chair Yoga with Jazz (FC)	8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Name That Tune (MR) 3:00 Group Walk with Jazz (Lobby) 6:30 In the Spotlight with Betsy (MR) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Expressive Painting Class (AR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 1:00 Afternoon Film (Ch1995) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 6:30 Evening Entertainment with singers, SHARON AND NAT (MR) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:30-4:30 Fitness Center OPEN (FC) 3:00 The Word Game with the Silvers (FC) 4:15 Resident Monthly Birthday Evening Service (Syn/Ch1991)	7 (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Saturday Discussion Group (MR) 7:00 Evening Film (Ch1995)
9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR)) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Segerstrom Theater (Lobby) (Ticket holders only) 2:00 Afternoon Entertainment TBA 7:00 Evening Film (Ch1995)	10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Armchair Astronomy (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment with Mark Mayville/Sabina Monroe (MR) 3:00 Group Walk with Jazz (Lobby)	10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Beaded Jewelry with Ciaran (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 December Birthday Party with singer/pianist, JAMIE SHAHEEN (MR) 3:00 Chair Yoga with Jazz (FC) 3:00 Treats in the Pavilion! (PAV) 6:30 Evening Entertainment with singer, FELSON PALAD (MR) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Balance at the Barre with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Lobby (PAV) 2:00 Travel to France with the Gales (FC) 3:00 Group Walk with Jazz (Lobby) 3:00 Happy Hour with singer, A.J. ENTERTAINMENT (PAV) 6:30 Wordle & More (MR) 7:00 Evening Film (Ch1995)	10:00 Upper/Lower Body Conditioning	13 9:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Shmoozing with Rabbi Sherman (MR) 2:30 Chair Yoga with Jazz (FC) 4:15 Shabbat Evening Service (Syn/Ch1991)	10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers Modern Social Questions (MR) 3:00 Play/Learn Sudoku with the Silvers (MR) 7:00 Evening Film (Ch1995)
9:00 Chair Exercise (Ch1995) 10:00 Students from Temple Bat Yahm (MR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Book Club Meeting (MR) 3:30 Behind the Headlines/Current with David Malmon (MR) 7:00 Evening Film (Ch1995)	10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Nail Polishing (AR) 1:00 Afternoon Film (Ch1995) 2:00 Craft Corner with Sheila (AR) 3:00 Group Walk with Jazz (Lobby) 6:30 Bingo in the Evening (MR)	8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 "Dot Art" with Cheryl (AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 CHALLAH BAKE (MR) 3:00 Chair Yoga with Jazz ((FC)	10:00 Balance at the Barre with Jazz (FC) 10:30 Greeting Card Class AR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 Popcorn in the Afternoon (PAV) 2:00 Dear Abby with Batia (MR) 3:00 Group Walk with Jazz (Lobby) 3:30 Timeless Melodies with Larry (MR) 6:30 Evening Entertainment with singers, Wendy and Rik (MR) 7:00 Evening Film (Ch1995)	with Jazz (FC) 10:30 Expressive Painting Class (AR) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Bingo in the Afternoon (MR) 1:00 Afternoon Film (Ch1995) 2:30 Trivia with Myra (MR) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:00 Performance with Tami (MPL) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:30-4:30 Fitness Center OPEN (FC) 3:00 Fun Brain Activities with the Silvers (MR) 4:15 Shabbat Evening Service (Syn/Ch1991)	10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Saturday Discussion Group (MR) 7:00 Evening Film (Ch1995)
9:00 Chair Exercise (Ch1995) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment TBA 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 10:00 Strength/Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Book Review with Carol Greenstein (MR) 3:00 Group Walk with Jazz (Lobby)	8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Beaded Jewelry with Ciaran (AR) 10:30 Morning Film (Ch1995)	8:45 Chair Exercise (Ch1995) 10:00 Program with students (MPR) 10:30 Morning Film (Ch1995)	8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning Class with Jazz (FC) 10:30 Morning Film (Ch1995) 10:30 Wii Bowling (MR) 10:30 Expressive Painting Class (AR) 1:00 Bingo in the Afternoon (MR) 2:30 Trivia with Myra (MR) 4:00 Performance with Tami (MPL) 4:00 Happy Hour in Bonnie's Bar (PAV) 4:15 Second Night Hanukkah (MPL) 6:30 Evening Entertainment with singer/pianist, JENNIFER HART (MR) 7:00 Evening Film (Ch1995)	8:45 Chair Exercise (Ch1995) 9:45 Morning Outing (Lobby) 10:00 Strength & Conditioning Class with Jazz (FC) 10:30 Bereavement Group (Lib) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 1:30 HANUKKAH PARTY (MR) 2:30 Chair Yoga with Jazz (FC) 3:30 Hanukkah Entertainment with CARL CEDAR (PAV) 4:15 Third Night Hanukkah and Shabbat Evening Service (Syn/Ch1991)	10:00 Shabbat Morning Service (Syn/Ch1991) 1:00 Afternoon Film (Ch1995) 1:30 Traditions: Jewish Answers to Modern Social Questions (MR) 3:00 Play/Learn Sudoku with the Silvers (MR) 6:30 Fourth Night Hanukkah with Candle Lighting (MPL) followed by Havdalah with Cantor Susan Deutsch (Syn)
9:00 Chair Exercise (Ch1995) 10:30 Wii Bowling (MR) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 2:00 Afternoon Entertainment with singer/pianist, RONNIE JAYNE (MR) 3:30 Heritage Pointe Thinkers with Stan Malkin (MR) 7:00 Evening Film (Ch1995)	Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 3:00 Group Walk with Jazz (Lobby) 3:00 Afternoon Entertainment with Cantor Jonathan Kohan (MR)	8:45 Chair Exercise (Ch1995) 10:00 Upper/Lower Body Conditioning with Jazz (FC) 10:30 Morning Film (Ch1995) 1:00 Afternoon Film (Ch1995) 3:00 Chair Yoga with Jazz (FC) 3:00 Resident Council Meeting (Syn) 3:00 Treats in the Pavilion! (PAV) 5:00 New Year's Eve Party with TONY ODELL ROGERS (DR) 7:00 Evening Film (CH1995)	Heri	mber 20 itage Pointe	PAV=Pa FC=Fitn DR=Din CR=Care MR=Mu LIB=Lib MPR=M SYN=SV	less Center ling Room d Room lsic Room orary fultipurpose Room nagogue arlene's Piano Lounge